

# University College London Hospitals **NHS**

NHS Foundation Trust

16<sup>th</sup> December 2004

DL/lr/04084483

Linda Henry  
Clinical Services  
Tufts Health Plan  
Ph: 001-617-923-5868 extn: 4185  
FAX: 001-617-972-9471

Mr David R Lawrence  
Sc(Hons) MBBS(Lond) FRCS(Eng) FRCS (CTh)  
Consultant Cardiothoracic Surgeon

Cardiac Services Directorate  
The Heart Hospital  
Westmoreland Street  
London W1M 8PH

Telephone: (020) 7573 8888 Ext 6059  
Direct line: (020) 7504 8938  
Fax: (020) 7504 8943  
Email david.lawrence@uclh.org

Dear Ms Henry

**RE: MEDICAL REPORT FOR MR KEVIN P. LOUGHMAN DOB: 01.14.1945**

1. While on a business trip to London, Kevin P. Loughman presented himself at the University College London Hospital with shortness of breath.
2. Cardio-pulmonary assessment revealed pneumonia, severe stenosis of the aortic valve and a compromised coronary artery.
3. Mr Loughman was transferred to The Heart Hospital on November 26<sup>th</sup> 2004. His pneumonia was treated with antibiotics and he received a dental examination. In preparation for his aortic valve replacement and coronary artery bypass surgery, several teeth were prophylactically extracted.
4. Following upon implantation of a mechanical aortic valve and a coronary artery bypass graft, Mr Loughman is making a rapid recovery and is anxious for repatriation back to Boston, USA.
5. Prior to travel, Mr Loughman should exhibit 4-5 days of sustained ability to breath without oxygen assistance; he should be able to negotiate 1-2 flights of stairs; and he should be able to walk 1-2 miles per day without breathlessness.
6. Since Mr Loughman has received a mechanical valve replacement, it will also be necessary for his Warfarin levels to be carefully established and sustained.
7. Assuming continuing progress and no major complications, Mr Loughman should be able to travel by ordinary commercial aircraft (with oxygen assistance at 4 litres/hour) by December 23<sup>rd</sup> 2004 - or sooner, given the availability of evacuation by air ambulance.
8. For the present, Mr Loughman requires assistance with washing, dressing, prescription administration, anti-embolism stockings, wound care and mobility. He is being assisted here in London by his sister, Patricia Hood who is a licensed nurse in the State of Massachusetts.



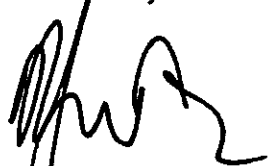
UCL Hospitals is an NHS Trust incorporating the Eastman Dental Hospital, Elizabeth Garrett Anderson Hospital & Obstetric Hospital, The Heart Hospital, Hospital for Tropical Diseases, The Middlesex Hospital, National Hospital for Neurology & Neurosurgery and University College Hospital.

University College London Hospitals **NHS**  
NHS Trust

9. Unless evacuated by air ambulance, Mr Loughman should travel via Executive or Business Class with plenty of leg room, close proximity to rest rooms, and the ability to stretch and ambulate. He will require oxygen at 4 litres/hour and will need wheelchair assistance on departure from London and upon arrival in Boston. He will also require anti-embolism stockings during the flight.
10. Due to the severity of his surgical rehabilitation, Mr Loughman will require 6-12 weeks of post-op recuperation before resuming his full occupational duties. Occupational impairment is not expected, however physical and emotional stress should be avoided.
11. Upon discharge from The Heart Hospital, Mr Loughman will be given 2-4 weeks supply of all medications and his condition will be monitored and assessed as an outpatient while he is resident at a hotel or self-catering apartment.
12. Upon his return to the United States, Mr Loughman should receive a thorough cardio-pulmonary assessment; his Warfarin levels should be carefully monitored until range parameters are safely established; and finally, he should have a dental assessment with a view to the prevention of infections.
13. Mr Loughman will bring with him the records of his treatment here in London. He should be contacted at The Heart Hospital, room 409, to discuss travel arrangements back to Boston.

If I can be of any further assistance in the post-operative stage of Mr Loughman's recovery, please do not hesitate to contact me via phone/fax/email (details above).

Yours sincerely



Mr. D. Lawrence  
Consultant Cardiothoracic Surgeon

Cc: John Brusch  
Primary Care Physician  
Ph: 001-617-661-1800  
FAX: 001-617-661-7416